

CAFETERIA HOURS

WEEKDAYS

Monday - Thursday

Breakfast	7:00 am - 7:45 am
Lunch	11:55 am - 12:35 pm
Supper	5:00 pm - 6:00 pm

Friday

Breakfast	7:00 am - 7:45 am
Lunch	11:35 am - 12:15 pm
Supper	5:00 pm - 6:00 pm

WEEKENDS

Saturday

Breakfast	8:00 am - 8:45 am
Lunch	after Church Service
Supper	5:00 pm - 5:45 pm

Sunday

Brunch	10:00 am - 11:00 am
Supper	4:00 pm - 4:45 pm



CAFE MENU

*** ALL MEALS ARE VEGETARIAN

WEEK ONE

BBQ CHICKEN NUGGETS
With Baked Potato, Corn on the Cob
& Bread Roll

KC CHICKEN SANDWICH
with French Fries

MEAT LASAGNA
+ Garlic Toast + Seasonal Veg

**HAYSTACKS
(CHILI&CHIPS)**
+ Sour Cream & Salsa

BUTTER CHICKEN
with Rice and Naan bread

WEEK TWO

PASTA PRIMAVERA
in Rose Sauce with Garlic Bread

SOUVLAKI
with Rice, Potato, and Pita Bread

**BAKED OPEN
BURRITO PLATE**
with Pico de Gallo

SPICY CHIKEN SANDWICH
with Fries

MAC & CHEESE
with Garlic Bread, and Seasonal
Vegetables

L U N C H

S U P P E R

WEEK ONE

CHILI IN A BOWL
with Rice

PESTO MUSHROOM PASTA
with Focaccia Bread

VEGGIE BURGER
with Fries

GENERAL TSO CHICKEN
with Steamed Rice & Broccoli +
Vegetable Spring Rolls

WRAP SANDWICHES
with Chips

WEEK TWO

CHICKEN POT PIE
with Mash Potato + Gravy

MUSHROOM & SWISS BURGER
with Fries

**SWEET & SOUR
CHICKEN STRIPS**
with Fried Rice + Vegetable Spring
Rolls

ALFREDO PASTA
with Green Peas & Garlic Sticks

BURGERS
with Fries

SATURDAY



BREAKFAST

LUNCH & SUPPER

CONTINENTAL BREAKFAST

Various Breads & Condiments
Various Sweet Breads & Pastries
Assorted Fresh Fruits
Eggs
Assorted Yogurt
Hot & Cold Cereals + Variety of Milks
Hot & Cold Beverages

WEEK ONE

BBQ MEATBALLS

With Rice and Peas, Steamed Veg
& Bread Roll

CHILI HOT DOG

and Fries

WEEK TWO

ORANGE CHICKEN

with Steamed Rice and Broccoli + Spring Rolls

CHEESY QUESADILLA

with Corn Tortillas + Sour Cream & Salsa

SUNDAY

BRUNCH

SUPPER

Various Breads & Condiments
Various Sweet Breads & Pastries
Assorted Fresh Fruits
Various Juices
Assorted Yogurts
Pancake/Waffles with Fruit
Toppings & Various Sauces
Variety of Freshly Cooked Egg
Styles
Assorted Breakfast Veggie Meats
Potato Hash Brown Triangles/
Bites/ Spicy Fries
Hot & Cold Cereals + Variety of Milks

WEEK ONE

FRESH BAKED PIZZA

WEEK TWO

SPAGHETTI IN TOMATO SAUCE

Meatballs & Garlic Bread